



## June 2023 Lunch & Snack Menu

USDA is an equal opportunity employer and provider

HM=homemade/WGR=whole grain

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1&amp;2 Year Old's (5 choices including milk) 1 oz meat/meat alternate 1/8 c fruit &amp; 1/8 c veggie ½ slice bread/bread alternative Milk-AM &amp; PM Snacks 1/2 c 1&amp;2 Year Olds 1/2 c 3&amp;4 Year Olds Lunch 1/2 c 1 &amp; 2 Year olds 3/4 c 3 &amp; 4 Year Old All milk served to participants 2 yrs. &amp; older is unflavored, fat free mil</p>	<p>Lunch 3&amp;4 Year olds (5 choices Including milk) 1 ½ oz. meat/meat alternative ¼ cup fruit and ¼ cup vegetables ½ slice bread/bread alternative AM &amp; PM snack (2 choices) ½ oz meat/meat alternative ¼ cup fruit or veggie ½ slice bread or bread alternative Children 1 yr. are served unflavored whole milk</p>		<p>1 Cheerios, banana, milk  HM Mac &amp; Cheese, broccoli, ham roll up, pears, milk  Rice Cake, mangoes</p>	<p>2 WGR Waffle, Strawberries, milk  Sloppy joe on WGR bun, potato wedges, peas, pineapple, milk  Warm pretzels, green pepper slices</p>
<p>5 Oatmeal, mandarin oranges, milk  Stir fry chicken w/WGR rice, broccoli, pineapple, milk  WGR goldfish crackers &amp; edamame</p>	<p>6 Corn muffin, pears, milk  Tortellini vegetable soup, bread stick, melon, milk  WGR Crackers w/HM Hummus and Cucumber slices</p>	<p>7 English Muffin, Tropical fruit salad, milk  Chili, corn, pita bread, apple slices, milk  Warm pretzel, red pepper slices</p>	<p>8 Fr. Tst. sticks, , milk  Chicken Ratatouille, pita bread, broccoli, peaches, milk  Cheesy french bread, green peppers</p>	<p>9 Bagel w/butter, banana, milk  Tuscan Grilled Cheese, tomato soup, carrots, apple slices, milk  WGR Crackers, berries</p>
<p>12  SCP Closed</p>	<p>13  SCP Closed</p>	<p>14  SCP Closed</p>	<p>15  SCP Closed</p>	<p>16  SCP Closed</p>
<p>19 Bagel w/butter, pears, milk  Rainbow rice w/chicken, WGR rice, broccoli, pineapple, milk  Baked apples &amp; bananas, pretzel sticks</p>	<p>20 Pancake, tropical fruit salad, milk  Cheeseburger on WGR bun, roasted red potatoes, grapes, milk  HM hummus, pita bread. applesauce</p>	<p>21 Blueberry muffin, banana, milk  Ravioli in meat sauce, peas, orange slices, milk  Baked carrot fries, WGR crackers</p>	<p>22 WGR Cinn. raisin tst., peaches, milk  Chicken Cordon Bleu, mashed potatoes, green beans, apple sauce, milk  Parmesan zucchini chips, string cheese</p>	<p>23 Oatmeal bake, berries, milk  Beef quesadilla, black beans, corn, mandarin oranges, milk  Yogurt, WGR goldfish crackers</p>
<p>26 Croissant w/sunbutter, oranges, milk  Turkey &amp; Cheese Sandwich on WGR bread, sugar snap peas, apple slices, milk  Cucumber slices, cheese</p>	<p>27 Scrambled eggs, WGR toast, pears, milk  Meatloaf, mashed potatoes, green beans, pears, milk  Frozen Berry Cup, graham crackers</p>	<p>28 Rice Krispies, grapes, milk  HM Cheese Pizza, Canadian bacon, pineapple  Cottage Cheese, cherry tomatoes</p>	<p>29 Fr. Tst. Sticks, banana, milk  Cheeseburger on WGR bun, sweet potato fries, watermelon, milk  Red, White, and Blue Fruit Salad, Pretzel sticks</p>	<p>30  SCP Closed</p>

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